



# 5K Run/Walk for Recreation Management Association

**Saturday, October 24, 2009  
8:00 am  
Holmes Convocation Center  
Rain or Shine!**

## **ENTRY FEES**

Students \$10 (by Oct. 21)  
\$15 (day of event)

Non-students \$15 (by Oct. 21)  
\$20 (day of event)

Kids 12 and under are FREE!

## **PRIZES**

Each participant is eligible to win door prizes from various local businesses.

## **T-SHIRTS**

Short-sleeve T-shirts are available on a first come, first served, basis.

## **RMA**

All proceeds will benefit ASU's Recreation Management Association.

## **DIRECTIONS**

Log on to [www.healthpromotion.appstate.edu](http://www.healthpromotion.appstate.edu) for directions to the event.

## **PARKING**

Parking is available at Homes Convocation Center, however ALL cars must be removed from lot by 9:30 am or they will be towed!

**For more information, or to register, contact Sherri Wilson  
at 262-6314 or wilsonsl@appstate.edu**